Prot. N°036 / 07 December 2024

Approved by the Executive Committee
of the WKSF on December 07, 2024
Italy

REGULATION NOTICE APPLICATION

Information letter for the

Kettlebell World Championship 2025

1. Goals and Objectives

The competitions shall be held for the following purposes:

- to further develop and promote kettlebell lifting in all Continent and in the World;
- to determine competition winners;
- to strengthen and expand international cultural and sports relationships.

2. Dates and Places of Competitions KETTLEBELL WKSF WORLD CHAMPIONSHIP
ITALY 05-08 June 2025
Sports Hall E-WORK ARENA
Viale Gabardi, 43- 21052 Busto Arsizio (VA), Italy

Program:

05.06.2025 – ARRIVAL OF DELEGATIONS, WEIGH-IN 13.00-21.00
06.06.2025 – MEN'S AND WOMEN'S LONG CYCLE, DISABLED (Additional weigh-in for athletes competing in Men's and Women's Biathlon and Snatch)
07.06.2025 - MEN'S AND WOMEN'S BIATHLON, MEN'S AND WOMEN'S SNATCH, STUDENT SNATCH MEN'S AND WOMEN'S, RELAY MEN'S AND WOMEN'S, MIXED RELAY
(Additional weigh-in for athletes competing in Long Cycle , Jerk, Snatch 30' among Men and Women)
08.06.2025 - COMPETITIONS FOR LONG CYCLE 30', JERK 30', SNATCH 30' MEN AND WOMEN
09.06.2025 - DEPARTURE OF DELEGATIONS

3. Disciplines

DISCIPLINES MEN ELITE:

LONG CYCLE 10’ 32KG
BIATHLON 10’ 32KG
Weight Category: 63kg, 68kg, 74kg, 80kg, 87kg, 95kg, +95kg
OALC 30’ 32KG
JERK 30’ 32KG
SNATCH 30’ 32KG
OALC 10’ 32KG - ONLY IN PROGRAMM WKSF GRAND PRIX
SNATCH 10’ 32KG - ONLY IN PROGRAMM WKSF GRAND PRIX
SNATCH 12’ 32KG
Weight Category: 74kg, 87kg, +87kg

DISCIPLINES WOMEN ELITE:

LONG CYCLE 10’20KG
BIATHLON 10’ 20KG
Weight Category: 52kg, 58kg, 65kg, 75kg, +75kg
OALC 30’ 20KG
JERK 30’ 20KG
SNATCH 30’ 20KG
OALC 10’ 24KG - IN PROGRAMM WORLD CHAMPIONSHIP & WKSF GRAND PRIX
SNATCH 10’ 24KG - IN PROGRAMM WORLD CHAMPIONSHIP & WKSF GRAND PRIX
SNATCH 12’ 20KG
Weight Category: 58kg, 65kg, +65kg

LONG CYCLE 10’ 24KG
BIATHLON 10’ 24KG
Weight Category: Absolute

DISCIPLINES MEN JUNIOR 19-22 (2003-2006):

LONG CYCLE 10’ 32KG
BIATHLON 10’ 32KG
Weight Category: 63kg, 68kg, 74kg, 80kg, 87kg, 95kg, +95kg
OALC 30’ 32KG
JERK 30’ 32KG
SNATCH 30’ 32KG
SNATCH 12’ 32KG
Weight Category: 74kg, 87kg, +87kg

DISCIPLINES WOMEN JUNIOR 19-22 (2003-2006):
LONG CYCLE 10’ 20KG
BIATHLON 10’ 20KG
Weight Category: 52kg, 58kg, 65kg, 75kg, +75kg
OALC 30’ 20KG
JERK 30’ 20KG
SNATCH 30’ 20KG
SNATCH 12’ 20KG
Weight Category: 58kg, 65kg, +65kg
DISCIPLINES MEN YOUNG 16-18 (2007-2009):
LONG CYCLE 10’ 24KG
BIATHLON 10’ 24KG
Weight Category: 52kg, 62kg, 72kg, +72kg
OALC 30’ 24KG
JERK 30’ 24KG
SNATCH 30’ 24KG
SNATCH 12’ 24KG
Weight Category: 62kg, +62kg
DISCIPLINES WOMEN YOUNG 16-18 (2007-2009):
LONG CYCLE 10’ 16KG
BIATHLON 10’ 16KG
Weight Category: 48kg, 58kg, +58kg
OALC 30’ 16KG
JERK 30’ 16KG
SNATCH 30’ 16KG
SNATCH 12’ 16KG
Weight Category: 58kg, +58kg

DISCIPLINES MEN CHILDREN 14-15 (2010-2011):
LONG CYCLE 10’ 16KG
BIATHLON 10’ 16KG
Weight Category: 52kg, 62kg, 72kg, +72kg
OALC 30’ 16KG
JERK 30’ 16KG
SNATCH 30’ 16KG
SNATCH 12’ 16KG
Weight Category: 52kg, +52kg
DISCIPLINES WOMEN CHILDREN 14-15 (2010-2011):
LONG CYCLE 10’ 12KG
BIATHLON 10’ 12KG
Weight Category: 48kg, 58kg, +58kg
OALC 30’ 12KG
JERK 30’ 12KG
SNATCH 30’ 12KG
SNATCH 12’ 12KG
Weight Category: 48kg, +48kg
DISCIPLINES MEN MASTER 40-49 (1985-1976), 50-59 (1975-1966):
LONG CYCLE 10’ 24KG
BIATHLON 10’ 24KG
Weight Category: 63kg, 68kg, 74kg, 80kg, 87kg, 95kg, +95kg
OALC 30’ 24KG
JERK 30’ 24KG
SNATCH 30’ 24KG
SNATCH 12’ 24KG
OALC 10’ 24KG
SNATCH 10’ 24KG
Weight Category: 74kg, 87kg, +87kg

DISCIPLINES MEN MASTER 60-69 (1965-1956), 70-74 (1955-1951):
LONG CYCLE 10’ 16KG
BIATHLON 10’ 16KG
Weight Category: 63kg, 68kg, 74kg, 80kg, 87kg, 95kg, +95kg
OALC 30’ 16KG
JERK 30’ 16KG
SNATCH 30’ 16KG
SNATCH 12’ 16KG
OALC 10’ 16KG
SNATCH 10’ 16KG
Weight Category: 74kg, 87kg, +87kg
DISCIPLINES MEN MASTER +75 (1950):
LONG CYCLE 10’ 12KG
BIATHLON 10’ 12KG
Weight Category: 63kg, 68kg, 74kg, 80kg, 87kg, 95kg, +95kg
OALC 30’ 12KG
JERK 30’ 12KG
SNATCH 30’ 12KG
SNATCH 12’ 12KG
OALC 10’ 12KG
SNATCH 10’ 12KG
Weight Category: 74kg, 87kg, +87kg
DISCIPLINES WOMEN MASTER 35-44 (1990-1981), 45-54 (1980-1971):
LONG CYCLE 10’ 16KG
BIATHLON 10’ 16KG
Weight Category: 52kg, 58kg, 65kg, 75kg, +75kg
OALC 30’ 16KG
JERK 30’ 16KG
SNATCH 30’ 16KG
SNATCH 12’ 16KG
OALC 10’ 16KG
SNATCH 10’ 16KG
Weight Category: 58kg, 65kg, +65kg

DISCIPLINES WOMEN MASTER 55-64 (1970-1961):
LONG CYCLE 10’ 12KG
BIATHLON 10’ 12KG
Weight Category: 52kg, 58kg, 65kg, 75kg, +75kg
OALC 30’ 12KG
JERK 30’ 12KG
SNATCH 30’ 12KG
SNATCH 12’ 12KG
OALC 10’ 12KG
SNATCH 10’ 12KG
Weight Category: 58kg, 65kg, +65kg
DISCIPLINES WOMEN MASTER +65 (1960):
LONG CYCLE 10’ 8KG
BIATHLON 10’ 8KG
Weight Category: 52kg, 58kg, 65kg, 75kg, +75kg
OALC 30’ 8KG
JERK 30’ 8KG
SNATCH 30’ 8KG
SNATCH 12’ 8KG
OALC 10’ 8KG
SNATCH 10’ 8KG
Weight Category: 58kg, 65kg, +65kg
DISCIPLINES MEN DISABLED:
LONG CYCLE 10’ 16KG
JERK 10’ 16KG
SNATCH 10’ 16KG
Weight Category: ABSOLUTE
DISCIPLINES WOMEN DISABLED:
LONG CYCLE 10’ 8KG
JERK 10’ 8KG
SNATCH 10’ 8KG
Weight Category: ABSOLUTE

DISCIPLINES MEN STUDENTS:
SNATCH 10' 24KG
Weight Category: ABSOLUTE
DISCIPLINES WOMEN STUDENTS:
SNATCH 10' 16KG
Weight Category: ABSOLUTE
DISCIPLINES MEN AMATEUR:
LONG CYCLE 10' 24KG
BIATHLON 10' 24KG
Weight Category: 63kg, 68kg, 74kg, 80kg, 87kg, 95kg, +95kg
OALC 30' 24KG
JERK 30' 24KG
SNATCH 30' 24KG
SNATCH 12' 24KG
OALC 10' 24KG
SNATCH 10' 24KG
Weight Category: 74kg, 87kg, +87kg
DISCIPLINES WOMEN AMATEUR:
LONG CYCLE 10' 16KG
BIATHLON 10' 16KG
Weight Category: 52kg, 58kg, 65kg, 75kg, +75kg
OALC 30' 16KG
JERK 30' 16KG
SNATCH 30' 16KG
SNATCH 12' 16KG
OALC 10' 16KG
SNATCH 10' 16KG
Weight Category: 58kg, 65kg, +65kg

DISCIPLINES MEN & WOMEN RELAY JERK 3':
Relay Elite Men: 4 athletes 32kg & 24kg (Minimum 1 athlete 32kg) / Coefficient:32kg=1 points, 24kg=0,7 points
Relay Elite Women: 3 athletes 20kg & 16kg (Minimum 1 athlete 20kg) / Coefficient:20kg=1 points, 16kg=0,70 points
Relay Elite Mix: 4 athletes (2 men & 2 women) Men 32kg & Women 20kg

Relay Master Men: 4 athletes 24kg & 16kg (Minimum 1 atleta 24kg) / Coefficient: 24kg=1 points, 16kg=0,70 points
Relay Master Women: (3 athletes 16kg & 12kg) Minimum 1 atleta 16kg / Coefficient: 16kg=1 points, 12kg=0,70 points
Relay Master Mix: 4 athletes (2 men & 2 women) Men 24kg & Women 16kg
Relay Amateur Men: 4 athletes 24kg
Relay Amateur Women: 3 athletes 16kg
Relay Amateur Mix: 4 athletes (2 men & 2 women) Men 24kg & Women 16kg

4. Competition Management

The general management of competition and organization shall be performed by the WKSF Executive Committee. The immediate Competition Host shall be assigned to the national and territorial federations for kettlebell lifting at the place of competition, the Organizing Committee and the duly approved Main Jury.
The organizing committee of the following championships must provide auxiliary staff to judges (speaker, assistant judge, musical director, assistant secretary, awards assistant, competition area assistant).

5. Competition Participation

National teams and sportsmen from the countries cultivating kettlebell lifting shall be admitted to participate in the competition. The list of team members shall be defined before weigh-in of competitors. The number of team members in each weight category shall LIMITED 2 athlete in each weight category and discipline for Elite Men and Women. In the categories of Amateur, Master, Junior 19-22, Young 16-18, Children 14-15 years, Student and Disabled Men and Women there is N0 LIMITED athlete.
One month prior to the competition each National Team must submit their roster to the WKSF World Championship Committee. The National Team roster must be compliant with the above guidelines concerning the number of athletes in categories. Once this roster is submitted athletes may not change weight category.
If an athlete fails to meet the listed weight, the athlete will be disqualified from competition.
The athlete from January 1st of the current year will be in international competition in Elit category with 32kg, until December 31 of the current year can NOT compete in Amateur category.

6. Weight Category

TWO KETTLEBELL (TALC 10'-BIATHLON 10')

Weight category Men Senior & U-22: 63kg, 68kg, 74kg, 80kg, 87kg, 95kg,+95kg
Weight category Women Senior & U-22: 52kg, 58kg, 65kg, 75kg,+75kg
Weight category Men U-15 & U-18: 52kg, 62kg, 72kg, +72kg
Weight category Women U-15 & U-18: 48kg, 58kg, +58kg

ONE KETTLEBELL (OALC 30'-OAS 30'-OAJ 30'-OAS 10'-OAS 12'-OALC 10')

Weight category Men Senior & U-22:	74kg, 87kg, +87kg
Weight category Women Senior & U-22:	58kg, 65kg, +65kg
Weight category Men U-18:	62kg, +62kg
Weight category Women U-18:	58kg, +58kg
Weight category Men U-15:	52kg, +52kg
Weight category Women U-15:	48kg, +48kg

7. Competition Program and Determination of Winners

The competitions shall be held under the World Kettlebell Sport Federation Rules valid as of the competition date. The team championship in World Championships and Continental Championships shall be determined according to the results of scoring members of the countries (WKSF chart of the ranking points):

LC Men Elite 7 Athletes+LC Men Amateur 2 Athletes(50%)+LC Men Master 2 Athletes(50%)+OALC Men Master 2 Athletes(50%)+OALC Men Amateur 1 Athlete(50%)+LC Men Junior 2 Athletes(50%)+Marathon 30' Men Elite 4 Athletes+Marathon 30' Men Master 1 Athlete(50%)
LC Women Elite 5 Athletes+OALC Women Elite 3 Athletes+LC Women Elite 24+24 kg 2 Athletes+LC Women Master 1 Athlete(50%)+OALC Women Amateur 1 Athlete(50%)+ OALC Women Master 1 Athlete(50%)+LC Women Junior 2 Athletes(50%)+Marathon 30' Women Elite 4 Athletes+Marathon 30' Women Master 1 Athlete(50%)
BT Men Elite 7 Athletes+BT Men Amateur 2 Athletes(50%)+BT Men Master 2 Athletes(50%)+SN Men Master 2 Athletes(50%)+SN Men Amateur 1 Athlete(50%)+Disabled Men 2 Athlete(50%)+BT Men Junior 2 Athlete(50%)+OAS 12' Men Elite 2 Athletes
BT Women Elite 5 Athletes+SN Women Elite 3 Athletes+BT Women Elite 24+24 kg 1 Athletes+BT Women Master 1 Athlete (50%)+SN Women Master 1 Athlete(50%)+Disabled Women 2 Athlete(50%)+BT Women Junior 2 Athletes(50%)+OAS 12' Women Elite 2 Athletes

RANKING POINTS WKSF

Position	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**	**11**	**12**
Points	60	55	50	45	40	35	30	25	20	15	10	9
Position	**13**	**14**	**15**	**16**	**17**	**18**	**19**	**20**	**21**	**22**	**23**	**Etc.**
Points	8	7	6	5	4	3	2	1	0	0	0	0

Relay races shall be held as a separate part of the general competition and subject to participation of at least minimum 3 teams from various countries. Men's and women's relay discipline at World Championships shall be Long Cycle.
The time-limit of the exercises:
Men – 4 stages lasting 3 minutes each. Team line-up: 4 members of various weight categories;
Women – 3 stages lasting 3 minutes each. Team line-up: 3 members of various weight categories;
Mixed Relay - Men 2 stages 3 minutes each and Women 2 stages 3 minutes.
The relay race results shall be determined based on the total number of Long Cycle repetitions made by each member of the relay race team. The relay race results shall **included** in any total team score.

RELAY RACE RANKING POINTS
The Relay Races will start contributing for all Teams Nations Rank, with the following points:

RELAY RACE ELITE MALE/FEMALE/MIX
1st Place = 120 points
2nd Place = 100 points
3rd Place = 80 points
4th Place = 70 points
5th Place = 60 points
6th Place = 55 points
7th Place = 50 points
8th Place = 45 points
9th Place = 40 points
10th Place = 35 points
11th and all below = 30 points1° 120 points

RELAY RACE MASTERS MALE / FEMALE / MIX
1st Place = 100 points
2nd Place = 80 points
3rd Place = 60 points
4th Place = 50 points
5th Place = 40 points
6th Place = 35 points
7th Place = 30 points
8th Place = 25 points
9th and all below = 20 point

RELAY RACE AMATEUR MALE / FEMALE / MIX
1st Place = 90 points
2nd Place = 70 points
3rd Place = 50 points
4th Place = 40 points
5th Place = 30 points
6th Place = 25 points
7th Place = 20 points
8th and all below = 15 points

8. Awarding

If the weight category does not have a minimum of 3 athletes, they will automatically be moved to the next weight category and the calculation will be made in the WKSF coefficient (example: Long Cycle 10 'in the 63kg weight category there are 1 athlete, this athlete will be moved to the next 68kg weight category and for example there are 2 athletes in the 68kg category, in total there will be 3 athletes, the award ceremony will be 63-68kg / 1st-2nd-3rd place calculated in WKSF coefficient).

Competitions participants taking the 1st- 2nd- 3rd prizes:

- National Team Recognition 1-2-3 ranked in the overall standings with a trophy, diploma;
- Awarded 1-2-3 prizes in Relay race participans and teams with trophy, medal, diploma;
- Awarded 1-2-3 prizes in each discipline and weight category Elite with a trophy, medal, diploma;
- Awarded 1-2-3 prizes in each discipline and weight category Amateur with a medal, diploma;
- Awarded 1-2-3 prizes in each discipline and weight category Junior, Master, Student, Disable with a medal, diploma;
- Awarded 1-2-3 prizes in Grand Prix Elite 10’ OALC & 10’ SNATCH with a medal, diploma.

9. Applications

A preliminary application for participation in the competitions shall be filed to the Organizing Committee and the WKSF at least 30 days prior to the competitions.

An individual application for participation in the competitions certified by a physician and the Federation (Association, Club), a passport (identity card) and other documents stipulated by the competitions rules shall be filed to the Credentials Committee on the day of arrival.

National teams must present with matching team uniforms in national colors for the awards ceremony. Uniforms must consist of shoes, pants, and National Team jacket.

All participating athletes must have a medical examination for weightlifting sporting (kettlebell) activities (one copy to be left on record and another copy to keep for inspection).

10. Financing

Competitions participation costs (travel, meals, accommodation, initiation fee, accreditation) shall be incurred by the sending organizations. Competitions organization and holding costs (sports premises leasing, advertising, posters, award attributes – diplomas, medals, valuable prizes, judges consideration etc.) shall be incurred by the competitions organizers, concerned organizations, and sponsors; the costs shall also be covered at the expense of the WKSF contributions from initiation fees on a share basis. Costs from competitions that match 100 € in World Championships go (50€ per organizing committee and 50€ for WKSF), second and other disciplines 80€ (40€ per organizing committee and 40€ for WKSF).

Costs from competitions Relay 100€ for the Team Men's and 75€ for the Team Women's. Registration for the Relay is sent in the same way as registrations for individual disciplines and must be sent by the national representative list of athletes for Relay teams. If the athlete participates only in Relay-he must pay a registration fee of 100€ instead of 25€. Accreditation ANTI-DOPING shall comprise the price of a license for participation in the international competitions in the current year – (€ 30) from each participant. For those countries that failed to pay a collective membership fee (€ 150,00) to the WKSF. Costs from competitions that match 50 € in WKSF Grand Prix in Category Elite Men & Women.

Members Teams alreadt Paid Annual Fee: (Registration/Discipline):
Until 03.05.2025-100€
From 04.05 to 13.05.2025-(+20€)=120€
From 14.05 to 23.05.2025-(+40€)=140€
From 24.05 to 01.06.2025-(+60€)=160€ (01 June time 24.00 STOP ALL REGISTRATIONS)
During Check In-Weigh In-(+180€)=280€ (in case: change category)-change of disciplines and new registrations NOT ACCEPTABLE

Members Teams Didn't Pay Annual Fee: (Registration/Discipline):
Until 03.05.2025-140€
From 04.05 to 13.05.2025-(+20€)=160€
From 14.05 to 23.05.2025-(+40€)=180€
From 24.05 to 01.06.2025-(+60€)=200€ (01 June time 24.00 STOP ALL REGISTRATIONS)
During Check In-Weigh In-(+200€)=300€ (in case: change category)-change of disciplines and new registrations NOT ACCEPTABLE

Teams NOT AFFILIATED: (Registration/Discipline):
Until 03.05.2025-160€
From 04.05 to 13.05.2025-(+20€)=180€
From 14.05 to 23.05.2025-(+40€)=200€
From 24.05 to 01.06.2025-(+60€)=220€ (01 June time 24.00 STOP ALL REGISTRATIONS)
During Check In-Weigh In-(+220€)=320€ (in case: change category)-change of disciplines and new registrations NOT ACCEPTABLE

11. Accomodation information
Hotels city

For enquiries:
Secretary general WKSF: Eduardo Fonseca - info.wksf@gmail.com
Organizzator National rapresentative: Oleh Ilika – president.wksf@gmail.com
Team comunication: Franco Gianella – franco.gian@virgilio.it
Team acomodation: Matteo Castiglioni – teo.castiglioni@tin.it

This notice is an official invitation to the competitions!